

# CSWPC - CLUB CHAMPIONSHIP RECORDS

|            | Men - Open                      | 15/16                           | 13/14                          | 11/12                            | 10/u                            | Ladies - Open                  | 15/16                          | 13/14                           | 11/12                         | 10/u                            |
|------------|---------------------------------|---------------------------------|--------------------------------|----------------------------------|---------------------------------|--------------------------------|--------------------------------|---------------------------------|-------------------------------|---------------------------------|
| 33.3m Fr   | 15.59 - 2005<br>J. Robins       | 16.27 - 2002<br>J. Robins       | 16.57 - 2001<br>J. Robins      | 18.42 - 2013<br>O. Haddrell      | 21.40 - 1993<br>C. Middleton    | 17.32 - 2011<br>H. McCarthy    | 17.89 - 2009<br>H. McCarthy    | 18.21 - 2006<br>H. McCarthy     | 18.93 - 2005<br>H. McCarthy   | 21.68 - 2000<br>L. Rinne        |
| 50m Fr     | 24.40 - 2005<br>J. Robins       | 24.95 - 2010<br>W. Cannon       | 26.70 - 2008<br>W. Cannon      | 30.35 - 2004<br>L. Hughes        | 33.10 - 1993<br>C. Middleton    | 26.42 - 2012<br>H. McCarthy    | 27.70 - 2009<br>H. McCarthy    | 28.49 - 2006<br>H. McCarthy     | 30.81 - 2005<br>H. McCarthy   | 33.20 - 1993<br>H. Healy        |
| 100m Fr    | 53.18 - 2004<br>J. Robins       | 56.45 - 2012<br>C. Powell       | 57.95 - 2009<br>J. Laughland   | 1.06.70 - 1995<br>C. Middleton   | 1.20.10 - 1992<br>S. Price      | 59.51 - 2011<br>H. McCarthy    | 59.82 - 2009<br>H. McCarthy    | 1.00.72 - 2006<br>H. McCarthy   | 1.06.49 - 2005<br>H. McCarthy | 1.19.79 - 2006<br>D. Berry      |
| 200m Fr    | 1.53.89 - 2008<br>L. Bridgman   | 2.01.06 - 2010<br>W. Cannon     | 2.06.45 - 2009<br>J. Laughland | 2.26.20 - 1995<br>C. Middleton   | 2.58.58 - 2013<br>W. Maddocks   | 2.15.61 - 2009<br>H. McCarthy  | 2.15.61 - 2009<br>H. McCarthy  | 2.16.90 - 2012<br>S. Tebbs      | 2.25.61 - 2008<br>D. Berry    | 2.56.41 - 2003<br>H. McCarthy   |
| 400m Fr    | 4.15.59 - 2005<br>L. Bridgman   | 4.27.44 - 2002<br>C. Bermingham | 4.30.95 - 2009<br>J. Laughland | 5.14.50 - 1993<br>J. Veal        | 6.18.10 - 1992<br>J. Billing    | 4.39.43 - 2009<br>H. McCarthy  | 4.39.43 - 2009<br>H. McCarthy  | 4.54.67 - 2012<br>S. Tebbs      | 5.10.02 - 2001<br>L. Fell     | 6.10.24 - 2006<br>D. Berry      |
| 800m Fr    |                                 |                                 |                                |                                  |                                 | 9:43.26-2011<br>H. McCarthy    | 9:46.26-2009<br>H. McCarthy    | 10.08.18 - 2006<br>H. McCarthy  | 10.34.86 - 2001<br>L. Fell    | -                               |
| 1500m Fr   | 16.47.26 - 2005<br>L. Bridgman  | 17.41.65 - 2004<br>L. Bridgman  | 18.18.74 - 2006<br>B. Williams | 21.31.64 - 2004<br>J. Bishop     | -                               |                                |                                |                                 |                               |                                 |
| Lido 1500m | 17.03.90 - 2008<br>L. Bridgman  | 19.10.21 - 2004<br>L. Bridgman  | 18.55.70 - 2009<br>D. Graaf    | 24.08.20 - 2008<br>T. V Der Star | -                               | 19.37.99 - 2010<br>H. McCarthy | 19.39.16 - 2009<br>H. McCarthy | 21.14.95 - 2012<br>S. Tebbs     | 23.30.42 - 2008<br>D. Berry   | -                               |
| 50m Bk     | 28.42 - 2011<br>W. Cannon       | 29.38 - 2006<br>B. Goodrum      | 31.80 - 2008<br>W. Cannon      | 34.95 - 2008<br>T. V Der Star    | 38.70 - 1993<br>C. Middleton    | 31.54 - 2012<br>H. McCarthy    | 31.60 - 2000<br>E-K. Tapsell   | 32.80 - 2006<br>H. McCarthy     | 35.15 - 2001<br>V. Nisbet     | 37.00 - 1993<br>H. Healy        |
| 100m Bk    | 1.01.70 - 1997<br>E. Dawkins    | 1.03.94 - 2006<br>B. Goodrum    | 1.07.48 - 2009<br>D. Graaf     | 1.16.00 - 1998<br>C. Bermingham  | 1.30.25 - 2002<br>J. Bishop     | 1.08.16 - 2010<br>H. McCarthy  | 1.08.88 - 2000<br>E-K. Tapsell | 1.11.38 - 2006<br>H. McCarthy   | 1.13.90 - 1998<br>H. Healy    | 1.32.39 - 2003<br>C. Berry      |
| 200m Bk    | 2.17.30 - 1999<br>R. Wilson     | 2.17.54 - 2010<br>W. Cannon     | 2.25.68 - 2006<br>B. Williams  | 2.42.78 - 2002<br>S. Bailey      | 3.11.13 - 2013<br>W. Maddocks   | 2.29.17 - 2008<br>H. McCarthy  | 2.29.17 - 2008<br>H. McCarthy  | 2.34.80 - 2012<br>S. Tebbs      | 2.37.45 - 2001<br>L. Fell     | 3.14.41 - 2003<br>H. McCarthy   |
| 50m Br     | 32.06 - 2010<br>J. Fletcher     | 32.42 - 2010<br>D. Graaf        | 33.93 - 2009<br>D. Graaf       | 42.06 - 2005<br>P. Bramley       | 44.00 - 1992<br>C. Hallam       | 37.02 - 2006<br>M. Cumming     | 38.13 - 2013<br>S. Tebbs       | 37.02 - 2006<br>M. Cumming      | 39.41 - 2001<br>E. Gardner    | 43.30 - 1987<br>J. Hipwell      |
| 100m Br    | 1.09.10 - 1986<br>J. Parrack    | 1.09.60 - 1997<br>D. Taylor     | 1.13.26 - 2009<br>D. Graaf     | 1.25.00 - 1993<br>D. Taylor      | 1.41.30 - 1992<br>C. Hallam     | 1.19.30 - 1987<br>C. Taylor    | 1.19.50 - 1986<br>C. Taylor    | 1.22.10 - 1999<br>H. Palmer     | 1.23.80 - 1998<br>H. Palmer   | 1.38.00 - 1994<br>S. Williams   |
| 200m Br    | 2.28.70 - 1997<br>D. Taylor     | 2.28.70 - 1997<br>D. Taylor     | 2.35.83 - 2009<br>D. Graaf     | 3.05.20 - 1993<br>D. Taylor      | 3.40.30 - 1992<br>J. Billing    | 2.51.90 - 1984<br>J. Francis   | 2.57.48 - 2001<br>E-K. Tapsell | 2.57.80 - 2008<br>T. Birmingham | 2.55.73 - 2001<br>E. Gardner  | 3.40.46 - 2003<br>C. Berry      |
| 50m Fly    | 26.07 - 2011<br>W. Cannon       | 27.80 - 2010<br>W. Cannon       | 29.86 - 2009<br>D. Graaf       | 34.09 - 2011<br>J. Fountain      | 37.70 - 1992<br>S. Price        | 30.01 - 2011<br>H. McCarthy    | 31.19 - 2013<br>S. Tebbs       | 31.45 - 2006<br>H. McCarthy     | 33.87 - 2005<br>C. Berry      | 38.30 - 1996<br>T. Shafie       |
| 100m Fly   | 1.00.60 - 1992<br>S. Emm        | 1.00.64 - 2010<br>W. Cannon     | 1.08.61 - 2009<br>D. Graaf     | 1.19.10 - 1989<br>S. Baldrey     | 1.49.10 - 2002<br>J. Bishop     | 1.07.80 - 2011<br>H. McCarthy  | 1.09.60 - 1984<br>R. Smart     | 1.13.98 - 2006<br>C. Berry      | 1.14.76 - 2005<br>C. Berry    | 1.38.10 - 1996<br>T. Shafie     |
| 200m Fly   | 2.12.82 - 2011<br>T. Howells    | 2.26.37 - 2002<br>C. Bermingham | 2.37.08 - 2009<br>D. Graaf     | 2.55.32 - 2011<br>J. Fountain    | -                               | 2.34.39 - 2011<br>H. McCarthy  | 2.42.40 - 1998<br>S. Barnett   | 2.47.97 - 2005<br>R. Wooldridge | 2.50.73 - 2005<br>C. Berry    | 3.53.83 - 2002<br>R. Wooldridge |
| 100m IM    | 1.02.29 - 2011<br>W. Cannon     | 1.03.42 - 2010<br>W. Cannon     | 1.06.77 - 2009<br>D. Graaf     | 1.18.18 - 2004<br>L. Hughes      | 1.30.38 - 1999<br>W. Middleton  | 1.11.16 - 2011<br>H. McCarthy  | 1.13.17 - 2008<br>H. McCarthy  | 1.13.01 - 2012<br>S. Tebbs      | 1.16.88 - 2001<br>V. Nisbet   | 1.30.35 - 2006<br>D. Berry      |
| 200m IM    | 2.16.13 - 2010<br>W. Cannon     | 2.16.13 - 2010<br>W. Cannon     | 2.23.67 - 2009<br>D. Graaf     | 2.49.32 - 2013<br>O. Haddrell    | 3.20.24 - 1999<br>J. Bermingham | 2.32.83 - 2012<br>S. Tebbs     | 2.37.70 - 2009<br>H. McCarthy  | 2.32.83 - 2012<br>S. Tebbs      | 2.46.09 - 2008<br>D. Berry    | 3.13.41 - 2003<br>C. Berry      |
| 400m IM    | 5.02.25 - 2001<br>C. Bermingham | 5.02.25 - 2001<br>C. Bermingham | 5.08.82 - 2009<br>D. Graaf     | 6.19.09 - 2008<br>T. V Der Star  | 7.07.83 - 2009<br>J. Fountain   | 5.26.45 - 2013<br>S. Tebbs     | 5.26.45 - 2013<br>S. Tebbs     | 5.32.36 - 2012<br>S. Tebbs      | 6.03.17 - 2001<br>V. Nisbet   | -                               |

As at 19/12/2013